





Gluten Free

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	1	2	3
Payments can be made online at: https://k12paymentcenter.com/ or cash/check sent to school with your student. Parents are expected to maintain a positive lunch balance at all times.		GF Mini Chocolate Doughnuts Cheese Omelet/Hashbrown Fruit/Milk	GF French Bread Pizza with Marinara Side Salad Fruit Bar/Milk	2 GF Chicken Legs Mashed Potatoes Fruit Milk
6	7	8	9	10
GF Chicken Strips GF Bread Bites/Marinara GLazed Carrots Fruit/Milk	GF Garlic Bread Marinara Sauce Beef Dippers Broccoli Fruit/Milk	GF Taco Sticks Tostitos Corn Chips/Cheese Black Beans Salsa/SC/Cheese Cup Fruit/Milk	Chicken Fajitas Corn Tortilla Shells Corn Cheese/lettuce/SC/Salsa Watermelon/Milk	Hamburger on GF Bun Fries Pickles/Lettuce/Tomato GF Cookie Fruit Milk
13	14	15	16	17
GF Orange Chicken GF/Chow Mein Noodles/Veggies Sweet and Sour Sauce Fruit /Milk LW/SC Corn Dogs Baked Lays	GF French Toast Sticks/Syrup Cup Sausage Patty Veggie Juice Banana/Milk	GF Grilled Cheese Baked Lays Celery Sticks/Apple Butter Fruit Milk	GF Chicken Mashed Potatoes GF Dinner Roll Fruit Slushie Milk	GF Calzone GF Breadstick/Marinara Side Salad GF Cookie Fruit/Milk
20	21	22	23	24
GF Mini Pancakes/Syrup Cheese Omelet Veggie Juice Fruit/Milk	GF Breaded Ravioli Mariana Cup Green Beans Smoothie Bowl Milk	Diced Chicken Corn Chips/Salsa Refried Beans Cheese Cup/Sour Cream Fruit/Milk	GF Cheese Pizza Salad Slushie Bar GF Chocolate Chip Cookie Milk	GF Walking Tacos Corn Chips Black Beans Lettuce/Cheese/Salsa Fruit/Milk
27	28 Sack Lunch Day	29 Sack Lunch Day	30 Sack Lunch Day	31 Enjoy Your Summer!
	GF Chicken & Waffles Syrup Cup Veggie Juice Dried Cranberries Milk	Turkey Ham Cheese On GF Bun Organic Doritos Carrots w/Ranch Apple Slices/Caramel Milk	Hot Dog on GF Bun Organic Doritos Broccoli w/Ranch Dried Fruit Mix GF Cookie Milk	

questions - please email acowan@kinnschools.org

Assorted Fresh Fruits and Vegetables served daily. 1% White Milk and Fat Free Chocolate Milk available daily!

Lunch is \$3.25 per day Only milk is \$.50 per day

